

GOSPEL FOR THE GLOVEBOX

Little gospel conversations for the ride home



Young children learn through simple words, repetition, pictures, movement, and everyday experiences. You don't need to give another lesson. A few words on the way home, at dinner, or at bedtime are enough.

LESSON 9: I HAVE A BODY LIKE HEAVENLY FATHER'S

GOSPEL TRUTH

Our bodies are wonderful gifts from Heavenly Father, and every body deserves love and care.

HOW TO TEACH IT

Use movement and gratitude instead of comparison. Eyes can see, ears can hear, hands can help, and feet can move. Adapt the words to your child's abilities. The truth is not that every body works the same; it is that every child is precious.

ON THE WAY HOME

Ask: "What did your body help you do today?" Celebrate the answer: hug, laugh, wiggle, listen, play, or rest.

LESSON 10: I WILL TAKE CARE OF MY BODY

GOSPEL TRUTH

We care for our bodies because they are wonderful gifts from Heavenly Father.

HOW TO TEACH IT

Keep healthy choices positive and simple: eat good food, sleep, move, stay clean, and stay safe. Choose one ordinary moment and name it: "Brushing your teeth helps care for your body."

ON THE WAY HOME

Ask: "What is one way we cared for our bodies today?" Let a very small answer be enough.