

BEHOLD YOUR LITTLE ONES

Lesson 12 • I Can Pray with My Family

MAIN IDEA Family prayer helps my family feel close to Heavenly Father and to each other.

BRING

- Picture of a family praying
- Book of Mormon or scriptures
- Words to "Family Prayer"

SAY IT SIMPLY

"This is family prayer." • "We talk to Heavenly Father." • "I can pray with my family."

LESSON FLOW

1. Introduce the words Teach the words "family prayer." Have the children say them several times together.
2. Song Make a circle, hold hands, and sing "Family Prayer." Walk in a circle, kneel down, and fold arms at the right places.
3. Picture Show the family praying picture. Point out folded arms, bowed heads, and closed eyes. Say: "This family is having family prayer."
4. Practice Invite the children to kneel, fold their arms, bow their heads, and close their eyes. Say: "In family prayer, we thank Heavenly Father and ask Him to bless our family."
5. Finger verse Raise one finger at a time for mother, father, brother, sister, and me. End by saying, "Together our family kneels down to pray."
6. Repeat & close Have the children say, "I can pray with my family." Bear a short testimony that prayer blesses families.

REPEAT TOGETHER "This is family prayer."