

BEHOLD YOUR LITTLE ONES

Lesson 8 • Sunday Is a Day to Remember Heavenly Father and Jesus Christ

MAIN IDEA Sunday is a special day. On Sunday we go to church and remember Heavenly Father and Jesus Christ.

BRING

- Picture on page 38
- Words to “Fun to Do,” “Reverently, Quietly,” and “A Happy Family”

SAY IT SIMPLY

“Sunday is a special day.” • “On Sunday we go to church.” • “On Sunday we remember Heavenly Father and Jesus.”

LESSON FLOW

1. Picture Show page 38 and tell the children this family is going to church on Sunday. Say: “Sunday is a special day.”
2. Walk to church Walk in a circle and sing to “Fun to Do”: “Going to church is fun to do.”
3. Remember Sit down and point to your head. Say: “At church we remember and think about Heavenly Father and Jesus.”
4. Quiet song Sing: “Reverently, quietly, lovingly we think of thee.” Practice being quiet and reverent.
5. At home Show the family-at-home picture. Pretend to read scriptures, fold arms for prayer, and put hands on heart to show love.
6. Family song & close Sing “A Happy Family.” Repeat: “Sunday is a day to remember Heavenly Father and Jesus Christ.”

REPEAT TOGETHER “Sunday is a special day.”